

Welcome to this first newsletter for Term 3. I hope you managed to have some good family time over the recent holiday break. The weather seemed pretty average, and hasn't got that much better this week, but I'm sure we are all hoping that will change as we move through this term.

Our school value for the first 5 weeks of this term is Tohungatanga, which we see as the pursuit of knowledge. School is all about learning, and we hope that our children learn that learning is something that happens every day, and that to seek knowledge is a part of our life. I'm sure you will be able to support your children as they seek knowledge at school and in the world around them. I remember my children coming home from school when they were around this age, and while they could at times be reluctant to share what they were doing, they did appreciate it when they could see we cared for what they were doing. Those of you with older children will know that communication about school at home can become much harder with age (Year 10 seems to be a pretty silent year I found!). However, it is worth persevering, and some great conversations can take place. Tonight and on Monday next week will be good times to have those sort of conversations as we hold our mid year Parent Teacher Child interviews. I do hope you have been able to make the time to schedule an appointment. Bringing your child along with you allows them to hear what is being said, to contribute to the discussions and to accept responsibility for any future plans made.

In the second half of this term our focus will be on the school value of Kaitiakitanga – the value of Guardianship. In the last 5 weeks of this term we will look at how we can support ourselves, our school, our whānau and our country by looking after people, things and places. I'm sure there will be many opportunities for families to talk about this value at home.

Next week on Thursday 1 August we are holding our regular Board meeting. Interested whānau are most welcome to attend. The meeting begins at 5:15pm and is held in our school staffroom. The following Wednesday 7 August we will be holding our regular Friends of the school – PTA meeting. This will start at 6:00pm and be held in the school staffroom as well. Again, all interested friends and whānau are welcome.



Our building refurbishment programme is continuing to run to schedule. It is likely that over the next three weeks the work on Rooms 1, 2 and 2A, as well as the work on the new staffroom will be completed. At this stage our offices will be moving into these refurbished spaces, and the admin area will be blocked off and work to refurbish these areas will begin. Shortly after that we believe our Hall will also be closed for refurbishment. If you need to visit the office please follow the signs in the main car park (off Riccarton Rd) or, if you come in from Kirkwood Avenue or Karamu Place, head towards Room 2 – our office staff will be only too happy to help. We are hopeful that all of the building work will be completed by the beginning of next year and we can spend time looking at our landscaping, outdoor seating, and planting.

Please remember that enrolments are open for our school for 2025. It is highly likely that every out of zone application received before the cut off date of 31 August 2024 will be accepted. Please share this information with any of your friends or family who may be thinking of sending their children to our school next year.

Thank you for your on-going support of our school. We are looking forward to pleasant and settled Term 3, and look forward to meeting with you at our interviews.

Kind regards

Phil Tappenden Principal 2025 Enrolments

We are accepting 2025 enrolment applications until 31 August 2024.

Please visit our Kirkwood Intermediate <u>School website</u> to complete an online enrolment application and <u>email</u> copies of the required documentation (as listed on the Enrolment Form) to the school office

If you have any further questions, please do not hesitate to contact the school office.

Friends of the School/PTA

Friends of the School/PTA meeting **Wednesday 7 August** at 6pm in the staffroom.

All welcome to attend.



Cross Country

Congratulations to the following students who had the opportunity in Term 2 to compete in the AWD (Athletes with Disabilities) section of the Canterbury Cross Country races.

Dominic came first place and 1st male with his time for the 1km race being 4.21. Eli came third in the 1km race and 2nd male his time was 4.37 and Sophie came 5th in the 1km race with a time of 4.57.

Well done!



Parent-Teacher-Child Interviews

Parent-Teacher-Child Interviews are being held on Thursday 25 July and Monday 29 July.

If you have not yet booked your interview please contact the school office and we will make a booking for you.

Ph: 03 3487718



SPORT

Tuesday Sport Transport

If your child is going home with you from the sports field on Tuesday afternoons, please see the coach before you do so.

No child will be allowed to leave unless they are in the company of a parent.

For any other arrangements please contact the school office.

Thank you for your support.

Tuesday Winter Sports Results



Please visit our website for last weeks Tuesday winter sports results, including the Friday night basketball games.

Sports Results

Kirkwood Blues Award

Kirkwood Intermediate School values and encourages personal excellence which has resulted in the establishment of our 'Blues' system.

There are quite strict criteria for receiving a Blues Award.

Please follow the link to view the Blues criteria:

http://kirkwood.school.nz/our-students/achievements/



Term 3 Week 1

25 July 2024



Tuning into Kids/Tuning into Teens





Tuning in to Kids + Tuning Into Teens Emotionally Intelligent Parenting – Term 3 2024 dates

A six-session programme for parents/caregivers of children aged 5-12 years Tuning Into TEENS is an option for parents/caregivers of tamariki in school years 6-8 (10-13yrs)

TIK and TINT are evidence-based

programmes designed to teach parents & caregivers:

- Awareness and regulation of their own and their children's emotions
- To use children's emotional experiences as an opportunity for closeness and teaching
- Skills in assisting children to verbally label and manage their emotions
- Skills in assisting children to problem solve, and guide children's behaviour with appropriate limits

Sessions include:

- Watching video material
- Group discussions and exercises
- Role plays
- Home activities to practice different ways of responding to your child's emotions
- Participants sharing their own experiences within the group

See below for courses running in Term 3 2024. It is free to attend, you must attend all 6 sessions. To sign up for a group please see our full course dates on our website: manaake.health.nz/tuning-in-to-kids/ Or follow the QR code:



Please note: Tuning Into TEENS option is specifically tailored towards parents of children aged 10–13yrs

Start date	Day/Time	Location	Facilitator contact
Monday 29 th July	Mondays	Zoom - ONLINE	Becky Voisey
Tuning Into <u>TEENS</u>	7pm- 9pm		beckyv@mmsi.org.nz
Wednesday 7 th August Tuning Into Kids	Wednesdays 7pm - 9pm	Zoom - ONLINE	Lucy Hobbs
Wednesday 7th August Tuning Into Kids	Wednesdays 9:30am - 11:30am	Waipuna, SJOG 349 Woodham Road Linwood	Suzi Lammers suzi.lammers@sjog.org.nz
Monday 5 th August	Mondays	Thorrington Primary	Heather Robb
Tuning Into Kids	12:30 - 2:30pm		Heatherr@mmsi.org.nz
Monday 29 th July	Mondays	Lincoln Primary School	Hannah Marceau
Tuning Into Kids	7pm – 9pm	Lincoln	Hannah.Marceau@mmsi.org.nz

School Calendar

Please view via our website

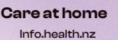


A Nationwide Health Message

Due to the increased burden on the Emergency Department at Christchurch Hospital, please refer to the message below so that you are better informed in knowing where would be best to seek medical help for your family.

If you have any health concerns for yourself or a family member, please make a call to *Healthline (0800 611 116*) for free health advice, and direction to the most appropriate service.

Choose the right healthcare for you and your whānau



Advice and information on general wellness, colds, flu and Covid, minor injuries and skin issues.

Healthline 0800 611 116 Free health advice and information 24/7 from trained nurses and other health professionals.

Pharmacy Advice and treatment

Medicines and vaccinations, help to treat minor illnesses, over-the-counter treatment.

GP or Doctor

Appointments with a doctor for general wellness, high fevers and rashes, injuries, mid to long term healthcare and all vaccinations.

Accident urgent medical centre

Out of hours or urgent care if your GP isn't available, for urgent injuries or if you're feeling very unwell.

treatment.

Emergency department

Call 111 if it's a life threatening emergency

Go immediately if you have chest pain, difficulty breathing, severe bleeding or severe pain.



SCHOOL APP

Kirkwood Intermediate School App

Our school uses the **Hero APP** for communicating to our school community. This is also our **emergency contact system**.

Please click on the following link for information via our school website:

- Free for users. You may download **HERO** by LINC-ED directly from your Google Play store or Apple App store on your cell phone. Alternatively, open your browser and enter go.linc-ed.com
- Click NEW USER
- Enter the email address you have provided the school and click REQUEST PASSWORD LINK. If your email address is not accepted, please contact the school office.

There is a facility to download a link onto your computer, via the following link: <u>https://kirkwood.apps.school.nz/install/</u>

To access the web portal please click on the following link:

https://kirkwood.apps.school.nz/portal/

Kirkwood Intermediate Canteen

Canteen orders are made online. Orders need to be made by 9:00am on the day. For information on how to order, please visit our <u>website</u>

The new and improved Kindo app is now available on the App Store and Google Play.

This redesigned app has been developed with the feedback and needs of both parents and schools in mind, offering a more user-friendly and efficient way to manage school expenses.



Year 8 Wellington Camp

The full amount of **\$760** needs to be paid by the end of Term 3.

It is strongly advised that a regular automatic payment be set up for the balance of the amount. The school bank account is:

Account Name: Kirkwood Intermediate Board of Trustees; Account Number: 12-3147-0180900-00; Particulars: Child's name (surname first); Reference: Wellington camp.



Home Stay Families

We are looking into the future for homestay families to host short and long term international students for 2024 and 2025.

For those interested please contact Alison Xie, our International Director <u>alisonxie@kirkwood.school.nz</u>. Alison will give you Homestay Application form along with a Police Vetting form. These need to be filled out and delivered to the school office.

Thank you

School Driveway

Please ensure you **do not** drive up the school driveway (Riccarton Road & Kirkwood Avenue entrances) to drop off or pick up your children either before or after school. It is too unsafe for our children.

Thank you for your support with this

Absences

Please ensure you let the office know the reason for absence for your child via the Hero App.

If you are unable to access the Hero App, you can contact the school office by phone 03 348 7718 or <u>email.</u>

Period Products

Period Products are available at the school office at no cost.



Term 3 Week 1



Community Notices

Weekly Singing and Acting Workshops - Held at Phillipstown Community Hub on Thursdays from 25 July - 26 September. Please register <u>here.</u>

High School Enrolments - Please remember to check High School websites to ensure you enrol your child before the deadlines.

Tots to Teens Magazine - For the latest issue of this informative magazine, please click <u>here.</u>

Mātua Pai, Parenting Adventures - On Saturday 24 August at the McFaddens Centre from 9am - 3:45pm. Topics include behaviour management, role modelling, gaming, confidence and much more. Free child care onsite. Book <u>here.</u>

Kip McGrath Avonhead - Book a free assessment <u>here.</u> Helping your child to succeed and feel more confident in a small safe environment. To book your free assessment visit <u>www.kipmcgrath.co.nz/avonhead</u> or phone 03 3427110.



Please note: Kirkwood Intermediate does not necessarily endorse or support any of the services advertised