

4 March 2022

Dear Parents/Caregivers and Whānau

You may have heard there's a confirmed COVID-19 case in our school.

The health and wellbeing of our children, staff and community is a top priority so we are closely following the Ministry of Health guidance for schools.

At Phase 3 of the Omicron response, only cases and household contacts are legally required to isolate.

Please continue to follow good practices when it comes to your own health and the health of your whānau.

What we're doing

- We are staying open.
- We are using public health measures to reduce the risk in our settings, including masks, physical distancing and ventilation.
- We have appropriate cleaning procedures in place.
- The parents of the class involved have been contacted via email by the school.

What you need to do

- You and your whānau should be very vigilant about monitoring for symptoms.
- If any symptoms develop, get tested immediately.
- Then, stay at home until you receive a negative result, AND until you or your child is symptom free for at least 48 hours.
- Wear a face mask when out and about.
- Wash hands often with soap for 20 seconds and dry your hands completely.
- Wash your hands if you have been in a public place or after blowing your nose, coughing or sneezing.
- Avoid touching your face, and cough or sneeze into your elbow or cover your mouth with tissues.
- If you and your whānau haven't been vaccinated or boosted, please do so as soon as possible. You can [book online](#) or call 0800 28 29 26. It's free.

Symptoms of COVID-19

- A new or worsening cough.
- Sneezing and runny nose.
- A fever.
- Temporary loss of smell or altered sense of taste.
- Sore throat.
- Shortness of breath.

Less common symptoms include diarrhoea, headache, muscle aches, nausea, vomiting, malaise, chest pain, abdominal pain, joint pain, or confusion/irritability.

For more information, go to [the Unite Against COVID-19 website](#).

Noho ora mai,

Phil Tappenden
Principal